5-Day Mount Elgon Sasa Trail Hike, Uganda

Uganda



DURATION	COUNTRY	STARTING FROM
5 days, 4 nights	**Uganda**	**USD 980 per person**

TOUR SUMMARY

Mount Elgon is an extinct volcano on the Uganda-Kenya border with one of the largest volcanic craters in the world. This 5-day hike follows the Sasa Trail, the steepest and shortest route, up through forest and moorland towards Wagagai Peak at about 4,300 metres.

The trip begins in Kampala and ends with a visit to the Sipi Falls area, where you can rest your legs after the climb.

ITINERARY

Day 1

Kampala to Mount Elgon

Drive from Kampala to the Budadiri side of Mount Elgon (about 5 to 6 hours), with a briefing from the park rangers on arrival.

Day 2

Sasa Trail: First Day

Begin the steep ascent of the Sasa Trail through forest and bamboo, with chances to see colobus monkeys and forest birds, and camp for the night.

Day 3

Towards Wagagai Peak

Climb through heath and moorland past giant lobelias and groundsels towards the crater rim, with views across the caldera.

Day 4

Summit and Descent

Reach the high point of the hike, then descend by the same route to the base, tired but rewarded with views over eastern Uganda.

Day 5

Sipi Falls and Return to Kampala

Visit the Sipi Falls area for a gentle walk and rest, then drive back to Kampala, arriving in the evening.

WHAT IS INCLUDED

Cost includes

- Mount Elgon National Park entry and hiking fees
- Park ranger guide and porters
- Camping or hut accommodation on the mountain and guesthouse accommodation
- Professional English-speaking driver/guide
- Transport in a safari vehicle
- Meals as indicated
- Drinking water
- All taxes/VAT

Cost excludes

- International flights
- Visa fees
- Tips for guides and staff
- Travel insurance
- Personal items and drinks not mentioned
- Government-imposed increases in taxes and/or park fees

GOOD TO KNOW

- This is a demanding high-altitude hike. Good fitness and warm, waterproof clothing are essential, as nights near the crater are cold. Altitude can affect some people, and the hike is led by park rangers and porters arranged by us.
- Packing for Safari? Keep it simple!
- Bring comfortable, lightweight clothes in natural colors like khaki, olive, sand, and earth tones. Pack layers too: mornings can be surprisingly chilly, while the middle of the day gets hot. You don't need a fresh outfit for every day, since most lodges and camps can arrange laundry service.
- Don't forget your sun protection: a good hat, sunglasses, and sunscreen. Comfortable shoes are enough for most safaris. Heavy hiking boots are only needed if you're doing a walking safari, primate tracking, or mountain climbing.
- A good pair of binoculars is a must. A camera is great, but binoculars will transform the way you experience wildlife, especially birds and animals that are far away.
- For luggage, we recommend a soft-sided bag over a hard suitcase. It fits much more easily into safari vehicles and small aircraft, where space is tight and weight is often limited to 15 kg.
- Most importantly, don't overpack. Travel light and enjoy the adventure!

Ready to book this safari?

Request a quote and we will tailor it to your dates and group: **gorillatreking.com/safari/5-day-mount-elgon-sasa-trail-hike-uganda/**

Uganda: +256 772 784381 | +256 704 890296 Namibia: +264 81 591 8824

Email: **bookings@gorillatreking.com**

Starting prices are per person and depend on season, group size and availability; request a quote for exact pricing. Itineraries can be adjusted to suit your plans.